Newsletter July 2020

THE GLOAMING SOCIETY

a unique salon series celebrating the art of conversation

Welcome

Thank you for being one of our nearly 100 members, and for sharing our passion for meaningful conversation. We hope you enjoy our monthly newsletter which summarizes our recent salons and informs you of our upcoming events - and we send you and your families our best wishes during this challenging time.

Fail Harder

On Tuesday, July 14, we will explore the topic of Failure. This salon will be held via Zoom, and there are still two spaces available. If you would like to participate, please contact us via <u>email</u> or through the <u>website</u>.

August 18: Kindness

September 15: Language

October 20: Shame

November 17: Conformity

Tell Your Friends

Do you know people who would be interested in participating in our salon series? Please have them contact us through the contact page on our website, or via email.



Spiritual Journeys

At our June salon on Spirituality, we examined our spiritual lives and practices, and explored the distinction between being spiritual and being religious. While our individual definitions of spiritualty differed, a common theme emerged in our discussions: the feeling that something bigger than ourselves - God, the universe, or even the "invisible hands" described by scholar Joseph Campbell guides us through our lives. Many participants described being present, being intentional and being in flow as important elements of spirituality, and others commented that for them, to be spiritual is to be hopeful. One suggestion was made that there is no "right or wrong" way to be spiritual, which resonated with many after discussing our personal spiritual activities which included everything from enjoying nature and playing sports to writing poetry and listening to music. At the end, most agreed that the interjection of spirituality in our lives, much like exercise or healthy food, was good for our mental and physical well-being.

"We're so engaged in doing things to achieve purposes of outer value that we forget the inner value, the rapture that is associated with being alive, is what it is all about."

— Joseph Campbell, The Power of Myth

www.gloamingsociety.com