

# THE GLOAMING SOCIETY

a unique salon series celebrating the art of conversation

## No Place Like Home

We send our best wishes for strength and health to our members and their families at this trying time. We hope you are able to find some small silver linings among all of the challenges of social isolation: more time with your children, renewed connections with loved ones, longer walks in the neighborhood and even more homecooked meals. Savor the simple things - for those often make us the happiest.

## Mars & Venus

On April 21, we will host a second virtual salon on "Mars and Venus." While this salon is full, please visit our [website](#) to learn about upcoming salon topics.

May: Trust

June: Spirituality

July: Failure

August: Kindness

## Reading Material

Looking for something to do during the quarantine? All of the supplemental materials for each of our past topics (including articles, essays and videos) are available on our [website](#).

## Well-Played

On Thursday, April 9, the Gloaming Society hosted its first *virtual* salon on the topic of "Play." Though we were uncertain as to whether the same depth and fullness of conversation could take place with video conferencing, it was a success. Through Zoom, we shared our own definitions of play, discussed the role of play in our lives, and considered the many benefits of play from stimulating creativity to encouraging stronger connections with others. We debated whether the very nature of play suggested that it should be unplanned, as opposed to scheduled, and what factors influenced our occasional reluctance to make time for play in our busy lives. As a group, we agreed that our playmates are as important to our play as the play, itself, and that playfulness can be helpful in solving conflict and reducing stress in all of our relationships.



*"We don't stop playing because we grow old;  
we grow old because we stop playing."*

George Bernard Shaw

[www.gloamingsociety.com](http://www.gloamingsociety.com)